

First steps in Mexico

This highly effective course will help the expat and their family adjust and manage the beginning obstacles in order to understand the differences that your family may encounter as you arrive in Mexico.

This workshop will work for:

- Future expats and their families
- People that desire to work in Mexico
- People that are looking to establish occupational relations in Mexico

This course can be taken solely by the expat or with his/her family, as the entire family is often directly affected by the changes as well, which can play a role in the effectiveness of the employees success.

In the case that the employer is relocating you to Mexico throughout a medium to long period of time, this basic guide will help you adjust comfortably to your time in Mexico.

This program offers:

- First steps in Mexico - Three 45 minute courses about the first steps required as you enter a new country and the cross cultural differences and the cross cultural differences.
- Multicultural Coaching - Three 45 minute courses designed to assist you with any questions you may have regarding your cross-cultural experience.

Cost

\$ 600

Programs

- General information
- History and current events
- Mexican society
- Safety
- Firsts steps:
 - Looking for a home
 - Opening a bank account
- Basic services in the home
- Understanding the telephone system
- Schools
- Grocery stores
- Health insurances
- Leisure
- Household services

S&D Cross Cultural Solutions

For further information, contact:

natalia@sdccsolutions.com

Tel. 1-615-9344446

